

Otto-Eldred Elementary

School Wellness Annual Review

Please answer each question in your area by scoring 0, 1 or 2
and answer the questions under a, b, c in the comment section.

KEY - DWC = District Wellness Committee, FS = Food Service, P = Principal, PET = Physical Education Teacher

Questions	Rating	Score
DWC 1. Is there a plan of implementation of a District Wellness Policy	0 The District does not have a wellness policy 1 The District is working on a wellness policy. 2 The District has a wellness policy in place.	2
DWC 2. Is the District Wellness policy evaluated yearly? If yes: a) What specific outcomes are evaluated? b) How are the outcomes measured? Comments:	0 The District wellness policy is not evaluated yearly 1 Some outcomes are not evaluated yearly 2 The Wellness Policy is evaluated and outcomes measured yearly. <i>* New tool started 2017-18 School year</i>	1
DWC 3. Is the District Wellness Policy progress report written yearly? If yes: a) Is it distributed to all schools within the District b) Is it made publicly available? Comments:	0 A progress report is not done annually. 1 A progress report is done but not distributed. 2 A progress report is done and distributed to all schools and made available to the public.	1
DWC 4. Is the District Wellness Policy revised yearly?	0 The District Wellness Policy has never been revised. 1 The District Wellness Policy is revised some years. 2 The District Wellness Policy is revised yearly.	1
DWC 5. Does a wellness committee exist at your school? If yes: a) How often do they meet? <i>1-2x/ year</i> b) Who is on the committee? <i>Nurse, PE teachers, FS director, Adm. teacher, parent, School Board member</i> Comments:	0 A District Wellness Committee does not exist 1 A District Wellness Committee is formed but they do not meet regularly or participate in policy development 2 A District Wellness Committee meets regularly and works on ongoing development.	2
<input type="radio"/> 6. Does your school lunch program meet the NSLP guidelines? Daily serves whole grain items, fresh fruit and vegetables and only fat free or low-fat milk.	0 The District does not follow the NSLP Guidelines. 1 The District follows some of the NSLP guidelines 2 The District follows all of the NSLP guidelines.	2
<input type="radio"/> 7. Does the District participate in the National School Breakfast Program? If yes: How is it promoted? Posters, menus, website?	0 No, the school district does not participate in the Breakfast Program 1 Some schools participate in the Breakfast Program 2 All schools participate in the Breakfast Program	2
FS 8. Do the a la carte servings meet the Smart Snack requirements?	0 No, they do not meet the Smart Snack requirements 1 Some of the a la carte meets the Smart Snack requirements 2 All of the a la carte meets the Smart Snack requirements	2
FS 9. Do all vending machines in the cafeteria meet the Smart Snack requirements?	0 No, they do not meet the Smart Snack requirements 1 Some of the items meet the Smart Snack requirements 2 All of the items meet the Smart Snack requirements	2
FS 10. Do all school vending machines, stores and concession stands offer items that meet the Smart Snack requirements?	0 No, they do not meet the Smart Snack requirements 1 Some of the items meet the Smart Snack requirements 2 All of the items meet the Smart Snack requirements	2
FS 11. Do students participate in food tests to educate them on healthy eating?	0 No, students aren't offered food testing 1 The students are occasionally offered food testing 2 Students are offered food testing frequently.	1
FS 12. Is there marketing to promote healthy eating? If yes: How is it done? Posters, Menus, Webpage What types of food are promoted? Fruits, vegetables, beverages? Comments:	0 There is no marketing for healthy eating 1 There is some marketing for healthy eating 2 Marketing is done to promote healthy eating.	2

FS	13. Is marketing restricted on unhealthy choices? If yes: How is it done? Is it restricted both during and out side of school times?	0 Marketing /promotion of unhealthy food is not restricted. 1 Marketing/promotion of unhealthy food is restricted on some grades. 2 Marketing/promotion of unhealthy food is prohibited.	2
FS	14. Is relevant and ongoing training offered to the Food Service Director and workers for menu planning and requirements?	0 No training is offered. 1 Training is offered but not attended. 2 Training is offered and attended.	2
FS	15. Does the cafeteria have adequate seating? Are students supervised during their eating period? Is the cafeteria a pleasant eating environment?	0 There is not adequate seating, supervision or a pleasant environment in the cafeteria. 1 The cafeteria has one or more but not all for seating, supervision and environment. 2 The cafeteria has enough seating, supervision and a pleasant eating environment.	2
FS	16. Is water made available to students during breakfast and lunch? If yes: How is it made available? Are students allowed to carry water bottles? Comments:	0 No water is made available to students 1 Some of the students have water available 2 There is water available for all students and they are permitted to carry water bottles.	2
P	17. Are there vending macines in the school or on campus that the students have access to? If yes: Who operates them? Receives money? Are there restrictions on types of foods and beverages? Do students have access before, during or after school? Comments:	0 Vending Machines are on the campus and carry unhealthy food and/or beverages. 1 Vending Machines are on the campus and carry both healthy and unhealthy foods. 2 Vending Machines are on the campus and carry Smart Snack approved foods. X There are NO vending machines for students.	X
P	18. Does the school partcipate in any fundraisers that involve selling food and/or beverages? Who is in charge of approving fundraisers? Do the fundraisers occur during mealtime? Comments:	0 The school permits all food and beverage sales. 1 The school permits some food and beverage fundraisers. 2 The school does not permit any food or beverages fundraisers with the exception of fruits and vegetables.	1
	19. Does staff use food and/or beverages as a reward for academic performance or good behavior?	0 The school allows food and/or beverages as a reward for academic performance or good behavior 2 The school does not allow food and/or beverage as a reward for academic peformance or good behavior.	2
P	20. Is there a formal written PE curriculum for every grade?	0 There is no written PE curriculum at the school. 1 There is a written PE curriculum for some of the grades. 2 There is a written PE curriculum for all of the grades.	2
P/PET	21. How many minutes of PE do students receive? Elementary <u>1400/yr</u> Middle School <u>5+6 - 1400/yr</u> High School <u>N/A</u>	0 Students do not receive the recommended minutes of PE in a week. 1 Some grades receive the recommended minutes of PE in a week. 2 All grades receive the recommended minutes of PE in a week.	0
P/PET	22. In PE, what is the student-teacher ratio for each grade? Is the student-teacher ratio for PE different than other classes in corresponding grades? Comments:	0 The student-teacher ratio in PE is not the same as other classes. 2 The student-teacher ratio in PE is the same as other classes.	2
P/PET	23. Do the play areas and facilities equipment meet NASPE standards?	0 The play areas and facilities equipment do not meet NASPE standards. 2 The play areas and facilities equipment do meet NASPE standards.	2
P/PE	24. Are waivers for PE allowed? If yes, in what instances? Do other physical activities substitute for PE?	0 Waiver for PE are allowed and students may substitute other activities for PE. 2 Waivers are not permitted for PE class.	2

P	25. Are regular physical activity breaks provided for every grade in the Elementary? If yes, how? Recess? during class?	0 1 2	Regular activity periods do not occur for every grade in the Elementary school. Some grades receive activity periods. All grades receive activity periods.	2 Recess
P	26. Is there structured physical activity outside of recess and PE offered? If yes how? Sports? Clubs? When? Before school? After school? Weekends? Comments:	0 1 2	Structured activities outside of recess are not offered. Structured activities outside of recess are available to some grade levels Structured activities outside of recess are available to all grade levels.	2 PE
P	27. Is physical activity ever used as a punishment? ie) making a student run laps, do push-ups? Is physical activity ever withheld as a punishment? ie) taking away recess or ending PE early?	0 1 2	Physical activity is used as a punishment Physical activity is sometimes used as a punishment. Physical activity is never used as a form of punishment.	2
P	28. Is recess offered daily for every grade in the elementary school? How long does it last? 20 min Is recess structured? No	0 1 2	Daily recess does not occur for every grade. Daily recess occurs for some of the grades. Daily recess occurs for all of the grades.	2
P	29. Does your school promote safe walking and biking to school? If yes: Are there promotional activities for walking to school? Is there storage facilities for bikes & helmets? Yes	0 1 2	The school does not promote walking or riding a bike to school. The school permits walking and riding a bike but does nothing to promote it. The school participates in walking and biking promotions.	1
P	30. Does the district offer nutrition education that teaches skills that are focused, interactive or participatory? If yes how? Nutrition handouts, nurse demonstrations, student lessons and activities? Comments:	0 1 2	Nutrition education does not teach skills that are behavior focused, interactive or participatory. Nutrition education is sometimes taught but there is no application of materials being used. Nutrition education uniformly teaches skills that are behavior focused, interactive and/or participatory.	1
P	31. Are teachers encouraged to be role models exhibiting healthy behaviors? Are staff encouraged to eat school meals? How? Are staff encouraged to drink water? How? Are teachers allowed to drink soda in front of students? Comments:	0 1 2	Nutrition education does not teach skills that are behavior focused, interactive or participatory. Principal sporadically encourages teachers to be role models in healthy behaviors. The principal continually encourages the teachers to be role models by eating with the kids and interacting.	2/1
P	32. Is there a nutrition education curriculum? If yes: For every grade? Is the curriculum its own class or interwoven with other classes? How many hours (or units) of nutrition education do students receive in each grade? Comments:	0 1 2	Nutrition curriculum does not exist for any grade. Nutrition curriculum is only taught in specific grades Nutrition curriculum is taught in every grade.	2

Total Score 51/60

Please sign and date when you complete your portion of the annual Wellness Policy review.

Wellness Committee Representative
Mary Kay Ample

Date 5/3/18

Food Service Director
Chris Krott, FSD

Date 5-2-18

Elementary Principal
Lindsey Burns

Date 5/14/18

High School Principal
N/A

Date

Physical Education and/or Health Teacher(s)

Date 5/3/18

31/2
62

Otto - Eldred Jr. Sr. High School

School Wellness Annual Review

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P/PET	21. How many minutes of PE do students receive? Elementary <u>1,400 min Year</u> Middle School <u>2,700 min Year</u> High School _____	0 Students do not receive the recommended minutes of PE in a week. 1 Some grades receive the recommended minutes of PE in a week. 2 All grades receive the recommended minutes of PE in a week.	0
P/PET	22. In PE, what is the student-teacher ratio for each grade? Is the student-teacher ratio for PE different than other classes in corresponding grades? Comments: <u>Yes</u> <u>Depends on grade level</u>	0 The student-teacher ratio in PE is not the same as other classes. 2 The student-teacher ratio in PE is the same as other classes.	0
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Total Score 48/62

Please sign and date when you complete your portion of the annual Wellness Policy review.

Wellness Committee Representative
Mary Kay Temple

Date
5/3/18

Food Service Director
[Signature]

Date
5/2/18

Elementary Principal
NIA

Date

High School Principal

Date

12

Physical Education and/or Health Teacher(s)
[Signature]

Date

5/3/18